

# H.E.E.R. + Arts & Humanities Program Activities

## HEALTH

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The Saint Louis Chapter was proud to partner with the Young Starz of America and the New Hope Community Center in collaboration to present the Continental Clique.

### The Clique included:

Asthma Awareness, A Children Reading Workshop, Obesity Prevention, Lead Screening and Child Abuse Prevention. The Young Starz of America, and A Praise Dance Team performed for the children and clique participants.

### Healthy Street



### Shape Up our Students Presentation



### Young Starz of America



## EDUCATION

Continental Rogerlyn Simington  
Program Chairperson

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### Literacy Parade

In an effort to increase student interest in literature and reading the Saint Louis Chapter decided to focus on reading a variety of literature to students in grades kindergarten through sixth for a month long period. At the end of the month of reading we culminated the reading exposure with a Literacy Parade that would allow all students to participate.



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### Reading and Book Making Workshop

The purpose of the reading and book making workshop was to engage young children in an exciting learning activity. In addition, we wanted to show the children ways of doing an educational activity that they could create independently in the form of play but link with a continuous practice to heighten knowledge and a love for reading.

As part of the Continental Clique, students were read to during which time an informal assessment of their interest in books was made. Children were introduced to different materials that books could be made of like paper, construction paper, wallpaper and fabric. Using magazines, markers, crayons, and pencils, children became authors and illustrators of their own books.



## EMPLOYMENT

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Saint Louis introduced young people to the world of work.

- Teen Parent Service – Positioning for Success , East Side Health District
- Employment Workshop 101

After reviewing the Teen Parent Serve Program, the East Side Health District Health Administrator, determined that the program was lacking in the employment category and appealed to the Continental Societies, Incorporated, Saint Louis Chapter for assistance. The chapter designed and implemented a Teen Parent Service - In Service Program.

**Theme:** Positioning for Success    **Date:** May 19, 2008    **Place:** East Side Health District, East Saint Louis, Illinois

### Application Preparation



### Look Sharpe, Be Sharpe



## RECREATION

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### Universal Soul Circus

**Eliza Simington Co-Chairperson**

**Barbra Thomas Co Chairperson**

The purpose of the outing/project was to give children a wholesome environment to learn, laugh and enjoy circus events. Children participating in this program had never been to the circus.

The chapter scheduled and coordinated a time to meet the children and parents at the McDonald's nearest the circus location before the circus to fellowship and enjoy a meal. After eating, the children were able to interact with the other children in laughter and games.

At the circus the children along with the adults were able to practice basketball shooting skills, games involving hand eye coordination, and free play on the fairgrounds. The Universal Soul Circus is indeed entertaining and a lot of fun; however, from an adult standpoint, specifically a Continental standpoint, the most meaningful for me was the ringmaster and children repeating the Universalsoul Kid's Pledge:

- I will always respect my parents, elders, and teachers.
- I will always strive to do my best for myself and my family.
- I will do unto others as I would have them do unto me.
- I will always apologize when I am wrong.
- I will always say no to drugs.
- I will never let external forces hold me back or block me from my goals.
- I will use my education to excel, and my imagination to fuel my dreams.

## ARTS & HUMANITIES

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### Curtain Call

**Mahalia**

**Gem of the Ocean**

**Produced by the Black Repertory Company**

**Blanch Campbell, Chapter President**

Arts and Humanities is the fifth dimension of the Continental Societies, Incorporated Operation Awareness Program. The Saint Louis Chapter in partnership with the Black Repertory Theater combined education and culture to deliver the message of "Knowledge is Power and Knowledge of ancestor roots facilitates self pride and self confidence," to our youth.

The original plan was to sponsor ten youth to attend two historically educational theatre productions and have fun. The Black Repertory Company was selected because the season programming included a musical and drama. Each play depicted the reality and the struggles that African Americans endured in order to succeed.

Performance number two, "Gem of the Ocean" was presented at the Grandel Theater. Prior to the performance, a reception was held in the grand hall. It gave the Saint Louis Chapter the opportunity, once again, to introduce and encourage five talented youth from the University City Jazz Combo to play during the reception.

### **Continental Kid Jordan**



**The grandson of  
Continental Barbara Thomas & Continental Guy Walter Thomas**

**Jordan, the youngest participants of the evening, was the "Star" of the evening.**